



news nuggets

Friday, February 22, 2019

RMC Pathfinder Bible Experience Teams Continue Onward and Upward »

27 Captains...27 Scribes...27 Teams...and hundreds of spectators from six conferences filled the College View Church sanctuary on February 16 in Lincoln Nebraska to spend the afternoon testing their Bible knowledge. Three teams from the Rocky Mountain Conference participated at the Mid-America testing level--something that has not happened in a few years.



Leading up to each testing, participants spent hours memorizing biblical verses and chapters and, in some cases, the entire book. This year's testing on the book of Luke and the Seventh-day Adventist Bible Commentary presented 90 timed questions. The results, after two hours of testing, was a first-place finish by the Loveland Cougars (Campion) and Denver South Trailblazers followed by Las Aguilas with a respectable second place finish.

The first-place finishers will now move on to the North American Division testing held in Rockford, Illinois on April 27.

Please keep these dedicated young people in your prayers as they continue to study God's Word, hiding it deep within their hearts.


-- Phyllis Zimmerman, text and photo

MHA/VBS are Uganda Bound » Over Spring Break, fourteen Mile High Academy students will head to Uganda on a mission trip to share God's love with Uganda's children through a Vacation Bible School program.

This student-led project is part of a middle school Real

"God can restore
what is broken
and change it into
something
amazing. All you
need is faith."

-- Joel 2:25

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World Learning class that will go live in Uganda. Students are developing curriculum, readying songs and stories, assembling materials needed for crafts, and carefully

packing it to take with them to Uganda.

In preparation, the students are practicing their VBS program on MHA's preschool and kindergarten students. Facilitated by their teacher, Mrs. Christina Hernandez, students learn the art of enthusiastic storytelling, collaborate on song leading, and adjust the curriculum where needed, making it just right for their audience of discerning little ones.

Eighth grader, Otim, is quick to point out that VBS is going to be an “awesome experience for the kids in Uganda.” He’s also anxious to use the teaching he’s learned on his real audience.

One Uganda-bound 8th grader, Braden, said, “It has been a humbling experience to learn that what I have taken for granted is going to be so exciting for the kids when we get to Uganda.”

-- Agape Hammond; photo by Claudia Morales

Campion Academy Orchestra Attends 66th Annual MAU Music Festival »

Freezing 0° F temperatures, a result of the polar vortex, didn't stop Campion students from playing music as orchestra students spent a grueling 48 hours practicing challenging music for the 66th annual Mid-America Union Music Festival held at Union College. Although the two practice days were extremely intense, it was an exciting opportunity for students to learn from college professors and be challenged by difficult music. By Friday night, shoulders and lips were worn out from hours spent practicing.



Upcoming Events

Executive Committee

February 26

Staff Meeting

March 5

NAD Treasurers Council

March 27 - 28

Town Hall Meeting -- Casper Church

March 30

Town Hall Meeting -- Denver South Church

March 31

Wyoming Taskforce Meeting

March 31

Staff Meeting

April 2

RMC Women's Retreat Wyoming

April 6-7

Town Hall Meeting -- Grand Junction

April 6

Town Hall Meeting -- Pinon Hills Church

April 7

Executive Committee

April 9

Town Hall Meeting -- Campion Church

April 13

Town Hall Meeting -- Colorado Spr Central Church

April 14



All of their hard work paid off on Saturday night when they performed at the College View Church.

"I liked getting to meet kids from other schools, and to learn more about percussion," Freshman Ula Matangi commented."

To view the performance, visit www.ucollege.edu/live.
-- Sydney Michalenko; photo supplied

Wyoming Winter Retreat Features Spiritual Renewal and Recreation »

Overflowing with every element of "home" -- fun, fellowship, friendship, and faith, Wyoming Winter Retreat did not disappoint during its 31st annual retreat held at Mills Spring Ranch in Casper, Wyoming the weekend of February 16. Family, and friends joined together in spiritual renewal and winter recreation.



More than 60 people drove up Casper Mountain for this Christ-centered retreat, some from as far away as Farmington, New Mexico.

Guest speaker, Pastor Henry Johnson, Associate Director of Youth Ministries at the Carolina Conference, presented a series on coming home to the Father's house. Using an interactive and engaging teaching style, Johnson often asked questions of the audience and occasionally involved actors, also from the audience, to help illustrate biblical stories.

Along with the spiritual aspect of the retreat, attendees enjoyed snowmobiling, snowshoeing, cross-country skiing, and loads of fresh snow at 8000 feet.

Liz Cornett and Tom McDonald, along with

GVR Board

April 16

MAUC Presidents Council Board

April 17-18

Property & Trust Committee

April 17

NAD Human Resource and Secretariat Conference

April 21-23

Native American Camp Meeting

April 27-28

RMC Women's Retreat -- GVR

April 26-28



Story Guidelines: We want to share your news! »

News Nuggets is your publication. We strive to provide news and information expressing our church

life. Every church, every family, every individual has a story to tell. We are inviting pastors and secretaries of churches and institutions within the Rocky Mountain Conference to share with us relevant information

-- about developments, issues, notable events, as well as experiences of church members.

other volunteers, used their passion and dedication to make the retreat a success. If you enjoy camping and winter activities, join them next year for this annual event.

Mark your calendars and bring your friends and family to Winter Retreat at Mills Spring Ranch in beautiful Wyoming on February 14-26, 2020.

-- Gabriela Vincent and Brent Learned, text and photos

Chinese Students At Campion Academy Hold Lunar New Year Celebration » Chinese students at Campion gave the student body a glimpse into Chinese culture through a Lunar New Year celebration on Saturday night, February 16 .

International students Canson, senior; Rain, junior; and Ensen, junior, inspired clapping and cheering during their performance of a a Chinese song with Kung Fu shows.



Presented with Chinese culture trivia questions, the student body attempted answers and were given prizes when they were correct. "I enjoyed the live Chinese songs in the chapel," said Samantha Hodges, a new sophomore. "it was rare and exciting for us to listen to live performances in another language. It was really cool." Hodges has shown great talent for learning Chinese and was able to say, "Happy New Year," in Chinese, or "Xin Nian Kuai Le." She won a prize for the last trivia question.

The evening featured badminton and ping-pong games, popular sports in China. Art tables were set up for students who wanted to decorate traditional opera masks or fans. Kevin Perez, a sophomore, expressed his enjoyment, "I drew some cherry blossoms on the Chinese traditional fan. It looked really nice." He also expressed that the Chinese New Year party has been one of his favorite events of the year. The gym was full of laughter and the sounds of students singing karaoke in multiple languages.

The night ended with colorful fireworks, symbolizing success in the new year ahead.

International Club sponsor, Jill Harlow, helped Chinese

Please email your story to nuggets@rmcsda.org so we can share how God is working through His people in your territory. When submitting your story, please include the following: the Ws (who, what, where, when, why...also how), a personal quote, a photo and the name of the photographer. Please consider time constraints and always send in fresh new stories instead of outdated ones. Submission deadlines are Wednesdays by noon.

students organize this event. "It was not stressful for me because the Chinese students are talented and trustworthy, and I know I can count on them," she said. "The students went above and beyond expectations."

-- Susan Wang; photo supplied

FEJA Kicks Off the Year with Spiritual Programming and Basketball Tournament »

The Rocky Mountain Conference Hispanic Youth Federation (FEJA) was very busy last weekend. In a meeting with all Hispanic youth leaders on Saturday, February 16, FEJA shared a vision for their two-year term from 2019 to 2020 and reviewed the upcoming event calendar. Fulfilling one of the most pressing items on the agenda, Jefferey Chavez from Greeley Hispanic Church accepted the role as Treasurer and Aaron Melendez from Grand Junction Hispanic Church accepted the role as Vice-President.



About 80 youth and adults from various churches gathered at Nueva Esperanza Church in Aurora for an evening AY program during which, Dennis Magaña, who travelled from Montrose to give a compelling message to the youth, encouraged them to strengthen their relationship with Christ.

More than 100 youth, along with their families, gathered at the Brighton Church gymnasium on Sunday, February 17, for a basketball tournament. Beginning at 9:30 a.m., the eight teams--Boulder, Brighton Hispanic, Denver South Hispanic, Grand Junction Hispanic, (1&2), Longmont, Montrose Hispanic and Toon Squad--played through the morning and into the early afternoon. Grand Junction, Team #1 placed second. "This was the first time anyone from Grand Junction has ever come to a FEJA event," commented Aaron Melendez, Youth Director for Grand Junction Hispanic. "We wanted our youth to have an opportunity to get to know other youth from the Rocky Mountain Conference. We brought 13 youth and they're looking forward to the next event." The first place title went to the Longmont team led by Samuel Lopez Morquecho, who mused, "While we weren't representing a

specific church, most of our team is from the Longmont area. We had a good time.”

Cecy Chavez, president of FEJA, was delighted with the outcome of the weekend. “I am very happy with the [leadership team] we have. I know with the help of God these two years are going to be great.”

For more information about FEJA, visit www.rmscda.org/hispanic. For inquiries, e-mail Vanessa Rivera, Public Relations Director, at feja.rmc@gmail.com.

-- RMCNews; photo supplied

COMMENTARY

Some years ago I heard a trivia contest on a local radio station. They asked, “Children do this over 300 times per day and adults less than 12 – what is it?” I instantly grabbed my cell phone dialed in and said “laugh.” Please don’t ask me what I won – I can’t remember.

I have long held the belief that we as a nation do not laugh enough, or sleep enough and that we are paying a steep price for those deficiencies. I can’t help you with the sleep issue other than to urge you to give it serious consideration. A continuous lack of regular sleep will have numerous negative impacts on your ability to function well in life.

As for laughing more, I do have some thoughts to share, especially regarding the workplace. While work should never be all fun and no work, all-too-often it is all work and no fun. That, I propose, is also a mistake. Numerous studies tell the same story--that businesses where employees enjoy each other are the most productive and profitable. Please don’t go too far with what I am saying. Humor, fun, and laughter alone will likely not automatically transform a workplace, especially when such has been lacking for a while. But often laughter is the quickest way to get people working together instead of against each other. It is difficult to harbor ill will or a grudge against someone with whom you share a good laugh.

Just in case you’re not yet convinced that laughter should be a regular component of your workplace and your life, do you know that:

Laughter releases endorphins (a chemical ten times more powerful than the pain-relieving drug morphine) into the body with the same exhilarating effect as doing strenuous exercise?

Every time you have a good hearty laugh, you burn up 3.5 calories? How’s that for a weight loss program?

Laughing increases oxygen intake, thereby replenishing and invigorating cells. It also increases the pain threshold,

boosts immunity, and relieves stress?

Other benefits of laughter are:

It can lower blood pressure. It gives a workout to the diaphragm and abdominal, respiratory, facial, leg, and back muscles.

It reduces certain stress hormones such as cortisol and adrenaline. It increases the response of tumor- and disease-killing cells such as Gamma-interferon and T-cells.

It helps to defend against respiratory infections—even reducing the frequency of colds—by immunoglobulin in saliva.

It increases memory and learning. In a study at Johns Hopkins University Medical School, humor during instruction led to increased test scores, improved alertness, creativity, and memory.

While I do not consider myself to be the expert on how to laugh and enjoy work more, I know of someone who is. Check out Andrew Tarvin sometime. He is the author of *Humor that Works: 501 Ways to Use Humor to Beat Stress, Increase Productivity, and Have Fun at Work*. In this easy-to-read book, you will find a plethora of ideas to liven up your workday experience. Not all will be appropriate for your particular situation, but I'm confident you will find several good ideas to choose from.

I personally recommend you take some time to check out Taylor Mason, Mark Lowry, Ken Davis or Jeff Allen on YouTube. All provide a great deal of family-friendly humor. I dare you to watch Wafflely Wedded Wife, especially with others and not laugh.

Life is hard sometimes. Especially in my area, there are many individuals and families who are struggling mightily with the downturn in the oil and gas industry. Thomas Paine, a founding father of our nation, said: "These are times that try men's souls." We could justly the use of that quotation today to describe our present predicament.

And yet, in the midst of strife and difficulty, we do still have much to celebrate and for which to be thankful. I often challenge attendees in my workshops to think back over the past six months and consider the worst day they can remember. I then ask them to consider how many billions of people on our planet would have gladly traded places with them on that dreadful day. An honest answer would have to be billions, and billions of them would gladly have given you their problems if you were to take theirs. That is not to say that your problems are therefore meaningless because others have it worse. Misery is certainly not a competition. But it does help to keep things in perspective now and then.

I am confident that laughter can be a healthy component of any relationship or workplace, no matter what state it might

presently be in. So I'll close with words from the world's most influential man – stay laughing my friends.

To add your name to my weekly mailing list please send me an e-mail at ron@PlayNiceInYourSandbox.com or visit www.PlayNiceInYourSandbox.com.

-- Ron Price

For more information visit www.productiveoutcomes.com or send an e-mail to ron@PlayNiceinYourSandbox.com or call Ron at 505 324-6328.

UPCOMING ORDINATIONS/COMMISSIONING

Don Reeder	February 23	Campion Church
LeeLee Dart	March 9	The Adventure
Daniel Birai	March 23	Fort Collins

TOWN HALL MEETINGS

Casper Church	Sabbath, March 30
Denver South Church	Sunday, March 31 (new)

Grand Junction Church	Sabbath, April 6
Pinon Hills Church	Sunday, April 7

Campion Church	Sabbath, April 13 (new)
Colorado Springs Central Church	Sunday, April 14

All Town Hall meetings begin at 6 p.m.

CAMP MEETINGS

Native American -- La Vida Mission, April 26-28, Speker: Ed Barnett

NE Colorado -- June 7-8, Speaker: Dan Jackson

Cowboy -- Location TBA, July 10-14, Speaker: Ed Barnett

Wyoming -- Casper, July 16-20; Speakers: Ron Halvorsen Jr. (adults); Joe Martin (youth).

Western Slope -- Montrose -- July 31-August 4, Speaker: Pastor Rodney Palmer, undergrad teacher at Andrews University

Hispanic Camp Meeting -- Glacier View Ranch -- August 30-September 2.

ANNOUNCEMENT

Discovery Mountain VBS Debuts Next Month

» The Voice of Prophecy's first *Discovery Mountain* Vacation Bible School is nearly here! Visit [this](#) page to learn more

about *Rescued: Safe in Jesus*, and watch a sample music video—filmed on location at Glacier View Ranch. And check out ongoing new episodes of the *Discovery Mountain* [podcast](#) as Season 8, called “Seeds of Change” continues this week.

Denver South Church » "Fully Alive: A Practical Approach with Jesus as the Catalyst" is taking place at Denver South Church **February 22-23** with Daniel and Patsy Towar, RN, BSN. Dan is a retired evangelist and pastor and loves sharing the Good News with his audiences. Enjoy inspiring music and health nuggets.
Friday, Feb. 22, 6:30 p.m. - "Addicted to the Wrong Movie"
Saturday, Feb. 23, 11 a.m. - "Battle Ready"

Dwayne Lemon to Preach in Area Churches »
Dwayne Lemon, director of Bible-based ministry, Preaching, Teaching, and Healing, will speak at three churches in Denver **February 22 and 23**. Helping people have a real, dynamic, and fully-consecrated life in Jesus is his greatest desire..

Denver West Church: 7 p.m., Friday, February 22. The church is located at 290 S. Quitman Street, Denver.

Golden Church: 9:30 and 11:00 a.m., Sabbath, February 23. Fellowship meal to follow. The church is located at 3101 S Golden Road, Golden.

Lakewood Fellowship Church: 4 p.m. Sabbath, February 23. Sale items available after sundown. The church is located at 8001 W. 23rd Avenue, Lakewood.

Colorado Springs Central » Colorado Springs Central is hosting pastor and Bible teacher Karen Lewis on Sabbath **March 2** for a three-part seminar entitled *Practical Steps for Sharing Your Faith*. She will speak for the main service at 11:00 a.m. and then for two more sessions in the afternoon beginning at 1:30 p.m.. Topics will include *Being a Visitor Friendly Church*, *Sharing Christ Day by Day* and *Discipleship and Bible Studies Made Simple*. Karen is the author of the popular set of Bible studies *Lifting Up Jesus* and is a highly sought after speaker and authority on the subject of giving Bible studies and sharing Jesus in practical, non-threatening ways. A free lunch is provided after the 11:00 a.m. service. Central church is located at [1305 N Union Blvd, Colorado Springs, CO. 80909](#).

Denver South Church » **HANDEL’S MESSIAH** is coming to Denver South Church at 7 p.m., Sunday, **March 3** with Colorado Young Sinfonia, including Basil Vendryes, conductor; Christie Conover, soprano; Sarah Barber,

alto; James Baumgardner, tenor; Steven Taylor, baritone; and Kenny Orr, organ. Admission is \$10 at the door. Call 720-371-4145 for more information or visit ColoradoYoungSinfonia.org.

Aurora 1st Church » VBS volunteers from all churches are invited to attend the training that will take place in the gymnasium at Aurora 1st Church on Sunday, **March 3** from 1:30-5:30 p.m. Please register at <https://group.regfox.com/roar-funshop-sunday-aurora-co>

Children's Ministries Training » Children's Ministries training and certification, offered in English and Spanish, will take place **March 15-16** at Westminster Hispanic Church. Friday's meeting runs from 7 - 8:45 p.m.; Saturday's training runs from 9:30 a.m. to 4:30 p.m.

Norma Rocio Rojas is the guest speaker for the English class. Ana Maria Benzaquen is the guest speaker for the Spanish class. Both are official trainers from the North American Division of Children's Ministries. Register at <https://www.rmcsda.org/childrens-ministries>. Registration deadline is March 4.

For more information, email Patty Rivera at patty@rmcsda.org.

The church is located at 7979 Meade Street, Westminster CO 80030.

Vacation Bible School Training » A free VBS training will take place on **March 16** at Westminster Hispanic Church from 5-6:30 p.m. *Jamit Kingdom* will give kids the opportunity to have fun exploring an African savanna while making friends and learning how we are all part of God's big family. Register by visiting <https://www.rmcsda.org/childrens-ministries>. Westminster Hispanic Church is located at 7979 Meade Street, Westminster 80030.

Rocky Mountain Music Festival » Students in grades 5-8 are invited to participate in Campion Academy's annual Rocky Mountain Music Festival **March 23-24** featuring choir, handbell choir, and a string orchestra. Don't miss this opportunity to join together with other young musicians across our Union to further hone your musical talents and join together to praise God. The deadline for online registration is Friday, March 1. [Register for Music Fest](#)

The Mountains are Calling! » All women and teen girls (13-17) are invited to attend *Cozy Mountain Lodge Women's Retreat* April 6-7 at Hampton Inn in Buffalo, Wyoming. For more information and registration, go

to www.rmcsda.org/women.

Academy Days at Campion Academy » Are you or someone you know interested in potentially attending Campion Academy? Academy Days is designed to give prospective 7th-11th grade students the opportunity to visit classes, stay a night in the dorm, eat cafeteria food, tour the campus, make some new friends and just get a feel for academy life.

This year's Academy Days is scheduled for **April 12-13**. All visiting local students are asked to arrive on Friday, April 12 at 8:00 a.m. Students traveling from a distance are asked to arrive on Thursday, April 11 between 6-8 p.m.

"He knows me by name" is the theme and will feature Virtual Reality station games, an ice cream outing, awesome mixers, games and tons of food. Can't wait to meet you! [Academy Days Registration Page](#)

Revive Us Again Prayer Conference » Please join us **April 19-21** for the *Revive Us Again Prayer Conference* featuring Pavel Goia, author of *One Miracle After Another*, editor of Ministry magazine, associate Ministerial Secretary of NAD, and great advocate of prayer. You can find more information and registration availability at www.rmcsda.org/prayer or by contacting deeannb@rmcsda.org

The Beach is Calling! » All women and teen girls (13-17) are invited to attend our *Anchored in Christ Women's Retreat* April 26-28 at Glacier View Ranch. We'll have workshops and gatherings especially for teens sponsored by the Youth Department. Don't miss it! Follow the link at www.rmcsda.org/women to register.

EMPLOYMENT OPPORTUNITY

Glacier View Ranch » GVR is seeking a qualified applicant to fill a full-time, food service coordinator position in the heart of the Rocky Mountains. Applicants should have a passion for camp ministry, ability to manage a kitchen, and experience cooking for large groups (200+) in a commercial/cafeteria environment. For additional information regarding job duties and position requirements and information about how to apply, see the following posting on the RMC website: <http://www.rmcsda.org/hr-foodservicecoordinator>. You can also contact Dan Hansen, Camp Ministries Director, for more information.

Mobile: (989)745-3888

Office: (303)459-0771

AdventHealth University » The Denver site of AdventHealth University seeks a Nursing faculty member to teach full-time. Qualified person with an MSN, DNP/PhD in Nursing preferred. Simulation experience and Med/Surg practice background preferred. To apply, visit www.adventhealthcareersgreaterorlando.com and search for Job #274310. This position is located in Denver adjacent to Porter Adventist Hospital.

Mile High Academy » Immediate openings are available for substitute teachers for all grade levels at Mile High Academy. Applicants should have experience working with children and be able to maintain a positive classroom environment while carrying out the teacher's lesson plans in classrooms as assigned. High school diploma required. Bachelors or some college preferred. Days/hours are on an as-needed basis. For more information, please contact Brenda Rodie at 303-744-1069. For an application, send an email request to HR@rmcsda.org.

HMS Richards Elementary » Part-time preschool teacher needed at HMS. We are growing and looking for an enthusiastic teacher to lead our preschool program. Must be ECE teacher certified. Do not need to be director certified. Please contact Davin Hammond or Kari Lange for more information @ (970) 667-2427.

ESL Teacher Needed for Mile High Academy Sister School China Campus » Mile High Academy still has a position available on their extended campus at the Guangdong Experimental Shunde - **ESL Teacher Needed**
This is a unique opportunity to serve as a teacher in Shunde China at Mile High Academy's extended campus at the Guangdong Experimental Shunde. Please see link below to explore the school: <http://www.gdsysd.com/Home/IndexEnglish>
Contact Principal Toakase Vunileva at tvunileva@milehighacademy.org for questions or to submit your resume.

NOW AVAILABLE ON THE WEB

NewsNuggets Archive Now Online »

The *NewsNuggets* archive is now online, and can be found at <https://www-rmcsda-org.netadvent.org/newsnuggets-archive>.

We want to share your news -- Change is a part of the communication age. With online media experiencing constant evolution, the *NewsNuggets* is also experiencing an increased access from our readers and contributors. We will continue to encourage news sharing from our churches, institutions, and individual church members.

In order to make our eNewsletter accommodate an increased volume of announcements, our editorial work proposes to present information in a more efficient approach, ensuring that all timely promotions and announcements be included in a weekly, Friday release of *NewsNuggets*. **Submission deadline for stories, news, and announcements is at noon on every Wednesday. Please send all your submissions to nuggets@rmcsda.org.**

Thank you for your contribution, but also comments, as *NewsNuggets* continues to serve the church in an efficient and effective way.

NOTE: Questions are being raised regarding guidelines for the Announcement section of the RMC *NewsNuggets* newsletter. After a review of the guidelines, the following few points should be considered when sending announcements or promotional materials:

- The newsletter has been established primarily for news sharing within the conference, though selected general church news stories are also considered for publication.
- The primary readership of the newsletter are church members within the Rocky Mountain Conference.
- When submitting an announcement, consider that local Sabbath events may be drawing members from other local churches.
- Promoting evangelistic meetings in *NewsNuggets* is not attracting potential attendees for whom the meetings are primarily advertised.
- Due to space constraints, NewsNuggets will not publish posters and other large photos or images. However, information from the text will be used.
- Announcements will not be repeated more than twice, and they should be concise. Web page links or phone numbers should be provided for additional information.

We are inviting all correspondents and contributors to follow a general Adventist News Network *Style Guide*, including glossary. For guidelines, see: <http://news.adventist.org/styleguide/>

--Editor

Share the NewsNuggets with your congregation » Add a note to your church bulletin or newsletter with the following URL: www.bit.ly/RMCnews

Members can follow the link to sign up for weekly news and to keep up-to-date on what's happening around the Rocky Mountain Conference.

**Rocky Mountain Conference Mission Statement
Tagline:**

Knowing Christ and Making Him Fully Known

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