



Andrews  
University

SCHOOL OF HEALTH  
PROFESSIONS

NUTRITION &  
WELLNESS—MPH

(ONLINE)



## PUBLIC HEALTH & WELLNESS—MPH

*This program will train you to evaluate the health needs of a population group and give you the skills to create and implement community programs in preventive health and wellness.*

*By the end of this program, you will be required to demonstrate your ability to integrate specific areas of public health such as health administration, epidemiology, health behavior and nutrition during culminating activity experiences. Additionally, a written comprehensive exam, field experience, professional portfolio, and an exit interview with the department chair will be required at conclusion of the program.*

### POINTS OF DISTINCTION

- **Entire program delivered online and at half the regular tuition rate**
- Program promotes a vegetarian lifestyle for prevention and treatment of chronic diseases
- Strong public health core provided
- Training to learn how to provide community and church health programs
- A new cohort begins every August. Each course is offered in 8-week sessions, allowing students to focus on one course at a time

### PROGRAM LENGTH

A total of 42 semester credits is required over a three-year period. The program is comprised of 18 Public Health Core credits, 12 Wellness Concentration credits, 4 credits in Research Methods, and 8 Practicum credits.

Two tracks are possible in this program: Track 1—Field practicum (4 credits) and Research Project (4 credits) and Track 2—Dietetic Internship (8 credits).

### PREREQUISITES

- College-level writing course
- Physiology course
- Two nutrition courses
- Chemistry course



With a Public Health degree in Nutrition & Wellness, prevention through education and fitness training is just one of the ways you can help people take charge of their health and lives.



### ELIGIBILITY REQUIREMENTS

- **Baccalaureate degree** from an accredited United States institution (or non-U.S. equivalent)
- **Minimum undergraduate GPA** of 3.00 (applicants with a lower GPA may be admitted upon consideration of background and experience)
- **English proficiency**—students whose language of education is not English must submit a minimum TOEFL or MELAB score of 80

### ADMISSION REQUIREMENTS

- **Official transcripts** of post-secondary coursework
- **Recommendations** from three professionals
- **Resume** describing employment, research or special projects
- **GRE score** from exam taken within five years prior to admission
- **Statement of Purpose** explaining your objectives in seeking a graduate degree

*The Office of Graduate Enrollment Management reserves the right to request additional documents.*



## INTERNATIONAL STUDENT REQUIREMENTS

- **Transcripts**—official literal English translations are required for transcripts from institutions where English is not the language of instruction
- **Summary of Educational Experience form**

## FINANCIAL OPTIONS

We understand that investing in graduate education requires planning and budgeting and we want to help. Here are some of the resources available for qualifying graduate students:

- **United States Federal Loans.** Qualifying U.S. citizens or permanent residents may qualify for federal loans.

*Additional resources are listed in the Finances section at [andrews.edu/grad](http://andrews.edu/grad).*

## A WORLD OF OPPORTUNITIES

Andrews University is where the vigorous pursuit of academics, guided by committed spirituality, opens doors to a world of opportunities.

## SCHOOL OF HEALTH PROFESSIONS

**Phone:** 269-471-6318

**Email:** [healthpro@andrews.edu](mailto:healthpro@andrews.edu)

**Web:** [andrews.edu/shp](http://andrews.edu/shp)

## DEPARTMENT OF PUBLIC HEALTH & WELLNESS

**Phone:** 269-471-3370

**Email:** [publichealth@andrews.edu](mailto:publichealth@andrews.edu)

**Web:** [andrews.edu/publichealth](http://andrews.edu/publichealth)



## ANDREWS UNIVERSITY FACTS

- Andrews University is located in Berrien Springs, Mich., 12 miles from Lake Michigan beaches
- More than 40% of the 3,500 students on campus are graduate students
- Our graduate student-faculty ratio is 12:1
- With 25% of our campus population representing nearly 100 countries, Andrews is in the top 10 most racially diverse universities in the nation