

## SAMPLE SPIRITUAL QUESTIONS

It is important and respectful to request permission when asking spiritual questions. When you have a good rapport and prayed with someone, they are usually willing to talk about their spiritual life. The purpose of the questions is to help them go deeper in their relationship with Christ. You might meditate on these questions yourself before using them.

- What spiritual experiences have you had recently? How would you like to share it?
- How do you cope with heavy issues in your life?
- What or who do you lean on if you feel alone and helpless?
- How do you tap into a higher power beyond your own?
- What difference does Jesus make in your daily life?
- What do you understand that Jesus wants to do in you and through you?
- How has scripture been a help to know Jesus and His desire for you?
- How has scripture impacted your life in the past year, in what ways?
- What choices can you make to enable more of God's presence in your life?
- What habits or concerns interfere with your time with God?
- What distractions really need to be cut away?
- What can help you cut away distractions, like chores, worries or fears?
- How can you integrate the Lord's presence into every area of your life?
- What difference would the visible presence of Jesus make in your decisions?
- What increase in spiritual power have you gained recently that you would like to share?
- What can you do to be confident in the reliability and power of the Bible for your life?
- How can you prepare your heart and mind to see Jesus in the Bible regularly?
- What is your understanding of what Jesus did on the cross for you?
- How would you feel to realize Jesus is reaching out to you right now?